



DOWN HALL'S MANAGER UNDERTAKES A TRIATHALON CHALLENGE FOR EAST WILDLIFE TRUST

Down Hall Country House Hotel has embarked on a major project to make the hotel carbon neutral and become more environmentally friendly.

Along with focusing on energy consumption, reducing packaging and increasing recycling, Down Hall have also built their own fruit and vegetable garden in the grounds, hoping to grow over 25% of our their produce for consumption in the Hotel.

Down Hall is aiming to lead the way in this crucial area, not only within the local business community but within the hospitality industry as a whole.

As part of this project they have become corporate members of Essex Wildlife Trust, who together will work to develop a permanent wildlife lake and enhance the Hotel's 30 acres of ancient and protected woodland.

To help promote their project and highlight the need for all of us to care more for our environment, Down Hall's General Manager Sean Quinney has taken up the challenge of competing in the Blenheim Palace Triathlon on 7th June 2008. Sean will be taking part in the Sprint version of the event, which will see him enduring a 400m open lake swim, a 10k bike ride and finish with a 2.5k run.

Sean said "I am raising money through this event for The Essex Wildlife Trust who not only develop and maintain some of the most amazing sites in our region but work very

hard to educate children and businesses on the benefits of protecting our countryside and wildlife”.

Michele Farrant, Corporate Manager of for the Essex Wildlife Trust said “We are delighted that Sean’s efforts in completing the Triathlon will raise vital funds for Essex Wildlife Trust and this is in addition to his corporate membership. This highlights the valued relationship between the Trust and its corporate members. The income raised will be put to very good use in helping to protect wildlife for the future and improve nature conservation in the county. We really appreciate his support and wish him every success in the event. Essex Wildlife Trust is a charity supported financially by members, local businesses and grant making organisations.”

A website has been created so that both individuals and local businesses can pledge money to support Sean in his worthwhile quest. Please visit:

www.justgiving.com/seanquinney

FOR FURTHER INFORMATION PLEASE CONTACT:

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